

Dual Energy Imaging and the use of MOSFETs in estimating organ doses in CT

The basics and practicalities.....

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Introduction

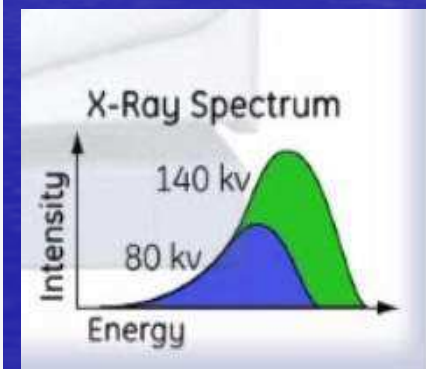
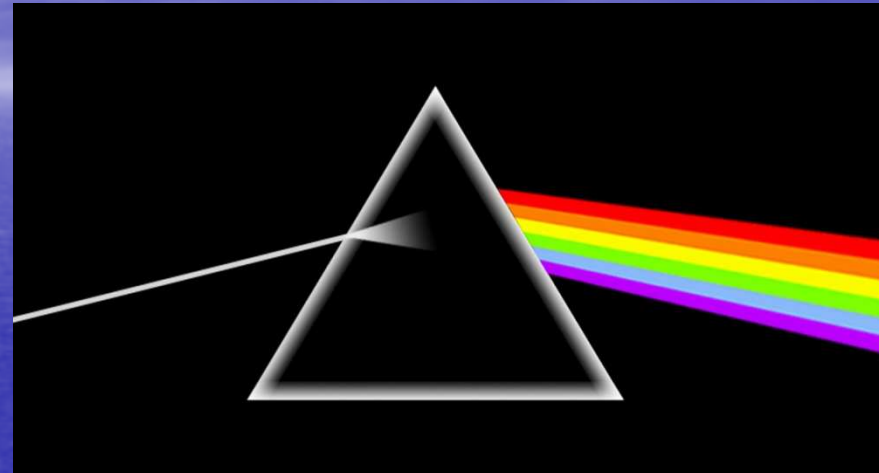
- Brief intro to Dual Energy imaging (GE)
- “The bigger picture” (Justification of DE?)
- Practical use of MOSFETS (are they good enough for CT??)
- ImPACT dose estimates (cardiac)
- Atom phantom organ doses (cardiac)
- Discussion

What is Dual Energy Imaging? Gemstone Spectral Imaging (GE)

- In GSI, Monochromatic images are normalised to that of one of the base materials (usually water)
- Base pairs for the majority of GSI are normally Water and Iodine
- User may (e.g. for research) import attenuation data for other base pair materials (e.g Calcium) for comparison.

The Future: Full Spectral CT

- The x-ray beam is polychromatic - range of energies at any kV
- ~~Advanced detectors can separate the component energies~~
- Gemstone spectral Imaging™ (GE 750HD)
 - Fast kVp switching (0.5 milliseconds) between 80 and 140 kV
 - Can separate data from 101 different energies
 - Improved tissue discrimination



Formation of the Monochromatic image

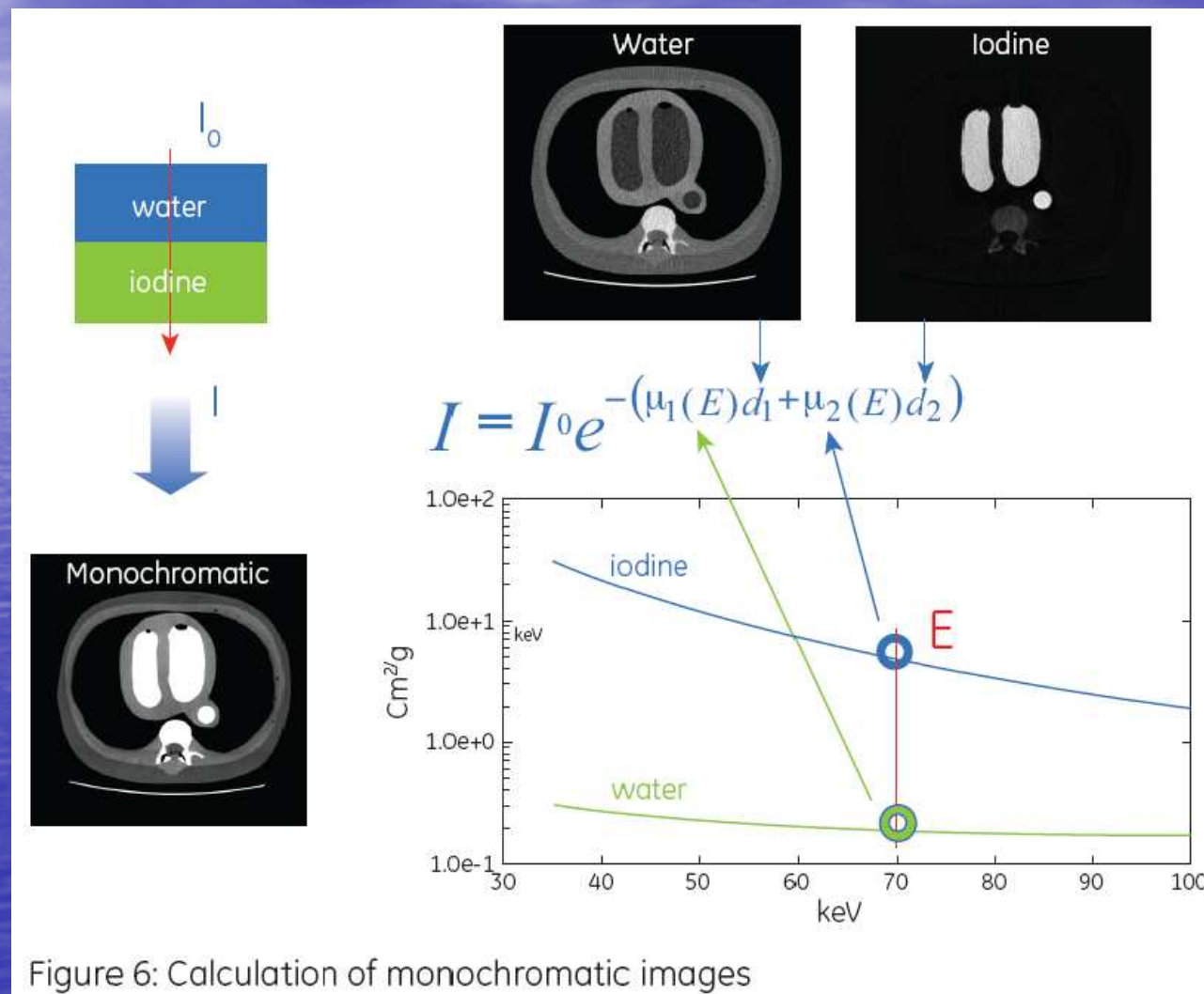


Figure 6: Calculation of monochromatic images

A potential use....

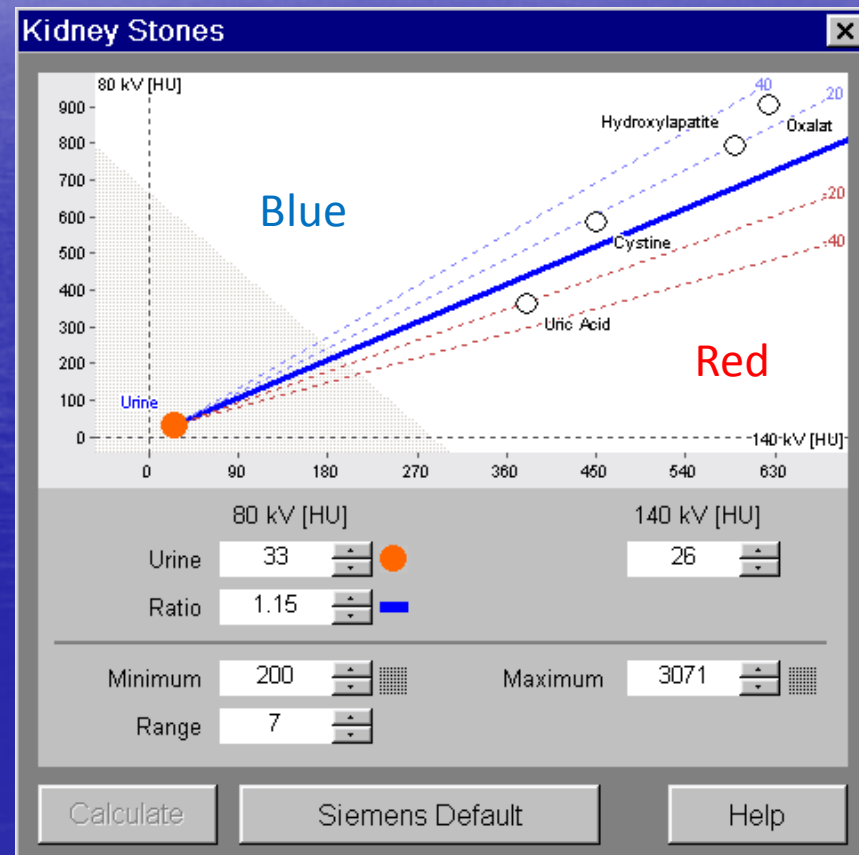


Sophonisba Receiving the Poisoned Chalice: Simon Vouet c. 1623

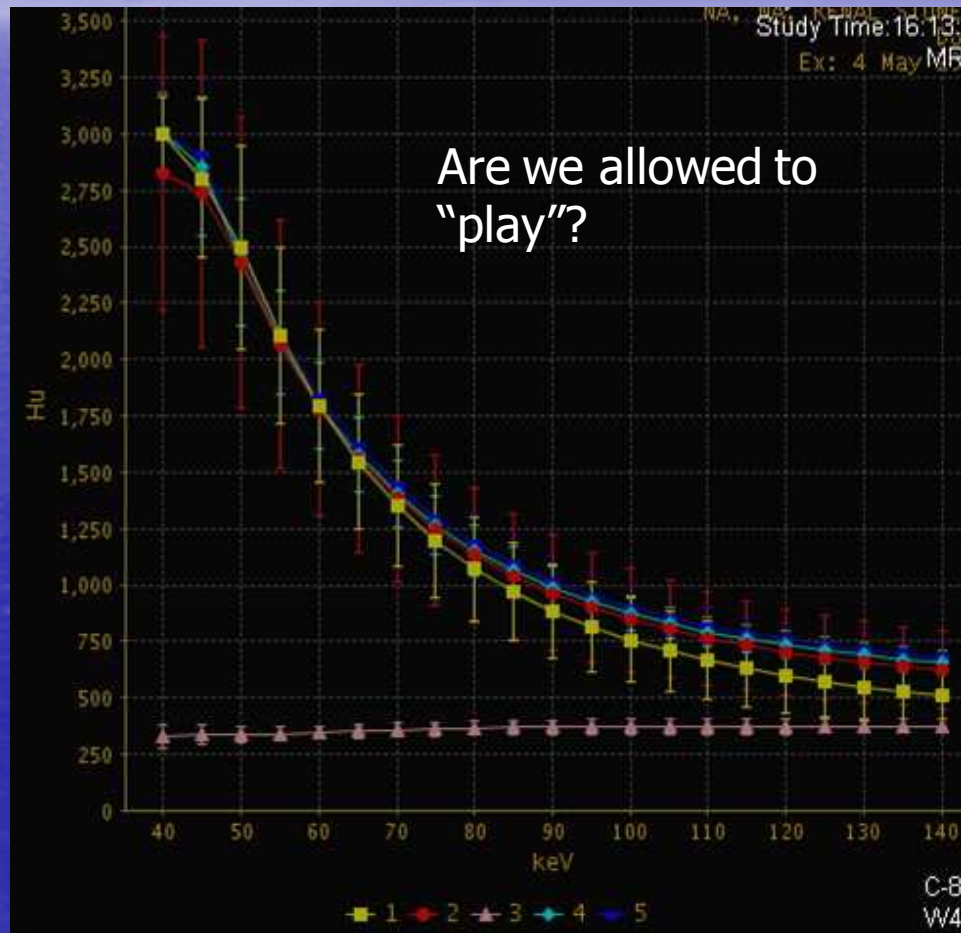
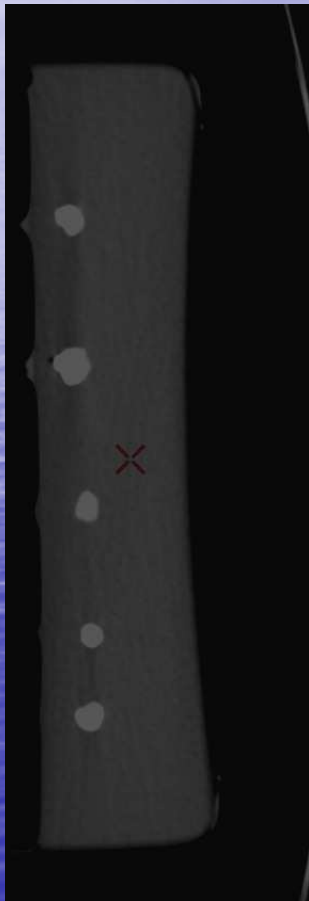


DECT in Clinical Practice: Uric acid stone characterisation

- Siemens – Somatom Definition
 - Limited DE acquisition through stone (following CT KUB)
 - 80 and 140 kVp single breath-hold acquisition
 - Automated calculation of attenuation differences for each voxel
 - Ratio (slope of reference line) represents threshold between uric acid and other stones
 - Result displayed in colour: uric acid red, non uric acid blue

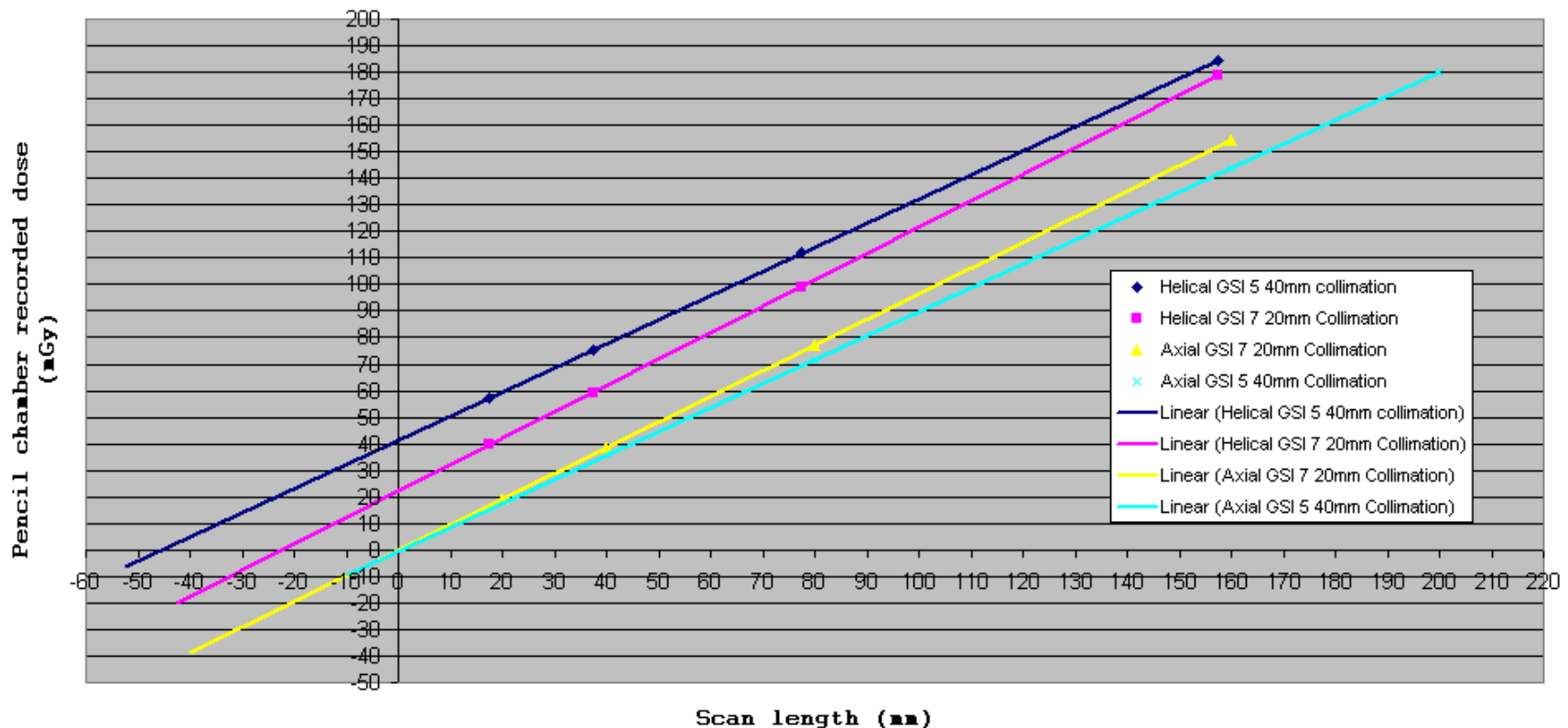


GE...GSI (Showing renal stones in phantom)



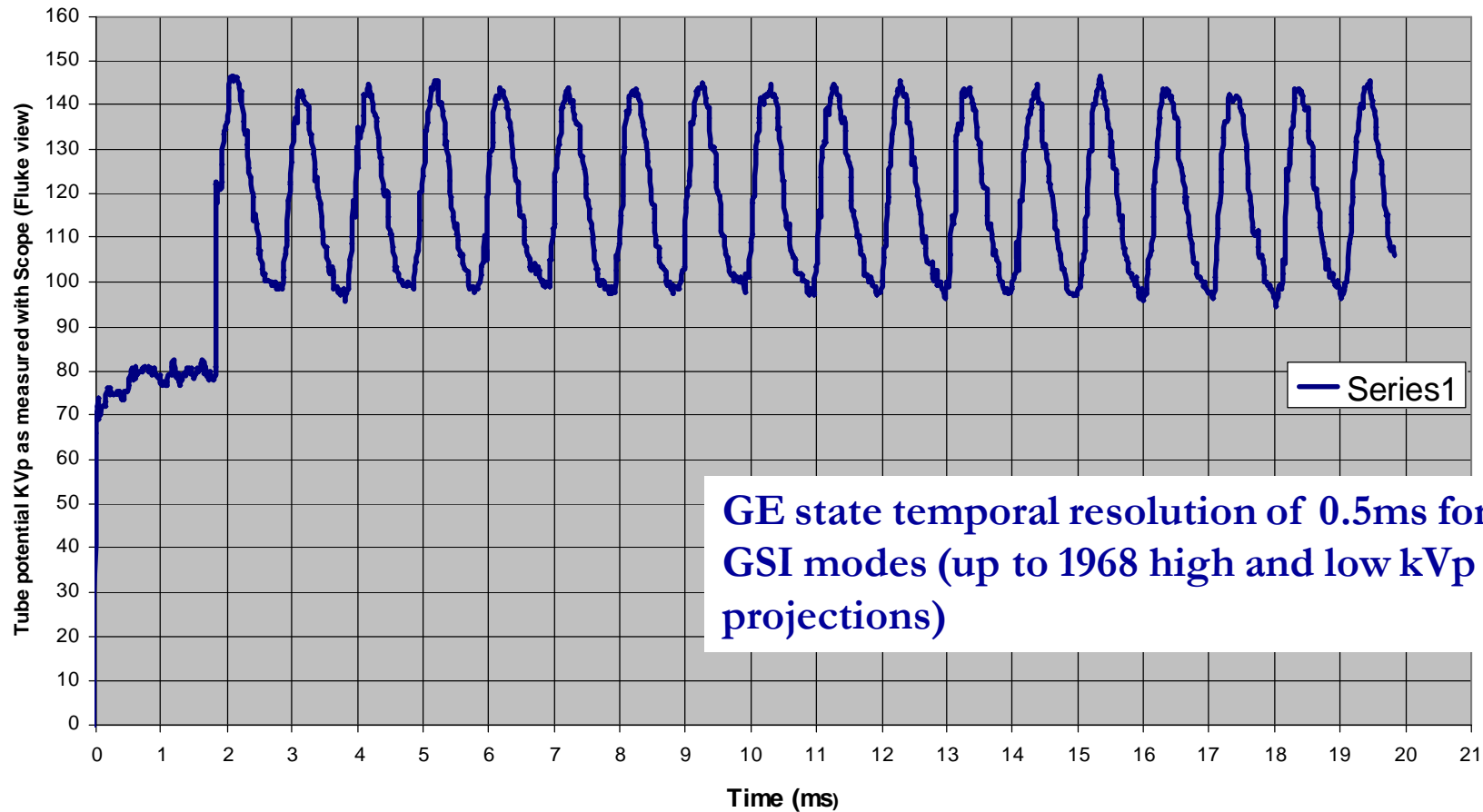
Don't forget the basics!

GEHD750 overscan measurements (Optimisation of small scan length scans) All for 1s rotation time, 600mA, Large body bowtie filter.



GSI –Initial measurements 1

Graph shows GSI waveform for initial 20ms of a 1s exposure on GEHD750 CT Scanner Derriford Hospital. Engineering mode, stationary tube, 150mA, air filter, KV duty 70%, Trig Duty 70%,KV skew -95%(Default Engineering mode). Note one "cycle" is ~ 1ms.



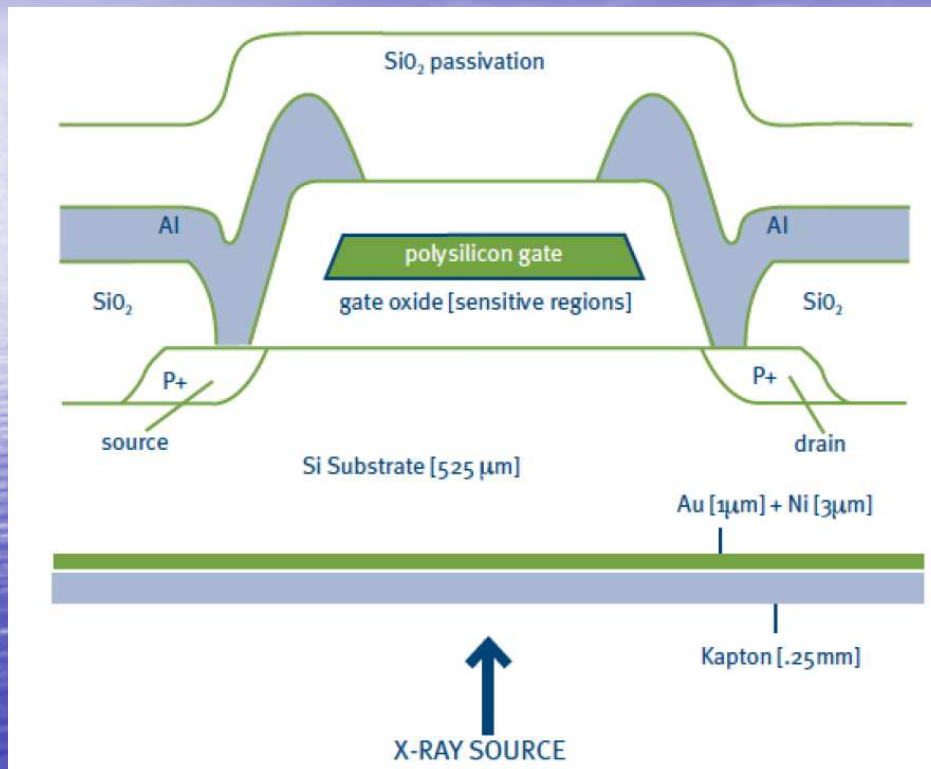
MOSFETS (practicalities)

- TN-502RD dosimeter (Best medical Canada)



MOSFETS

Schematic cross section of a P-channel MOSFET



When the MOSFET is irradiated, electron-hole pairs are formed in the oxide insulation layer.

Electrons migrate to gate, hole pairs migrate to oxide-silicon interface and are trapped.

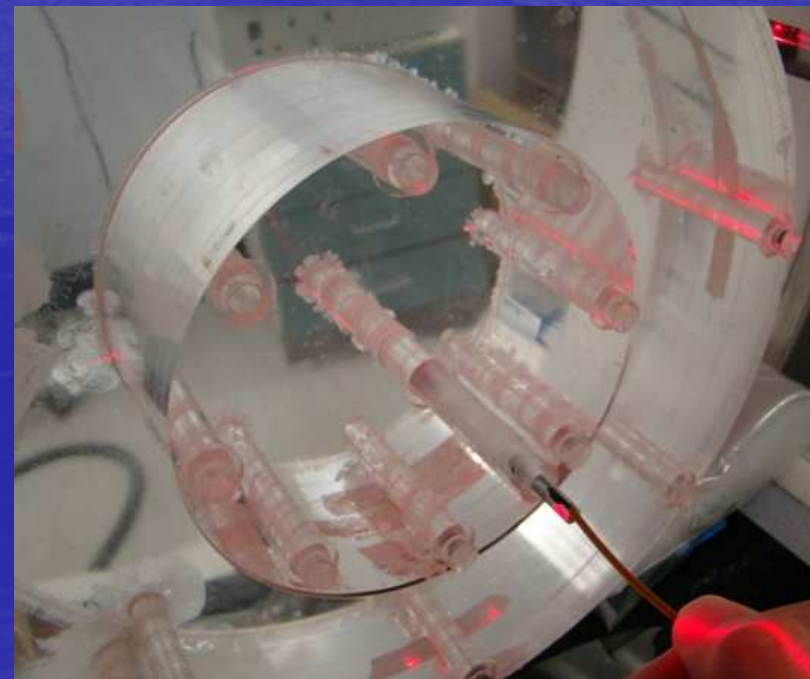
p.d across device is proportional to the trapped positive charge at oxide-silicon interface.

Soubra M. , J. Cygler, and G. Mackay, "Evaluation of a dual bias dual metal oxide-silicon semiconductor field effect transistor detector as radiation dosimeter," Med. Phys. 21, 567–572 (1994).

Characterising MOSFETS

- Linearity
- Angular dependence
- Energy dependence
- MOSFET Calibration with dose

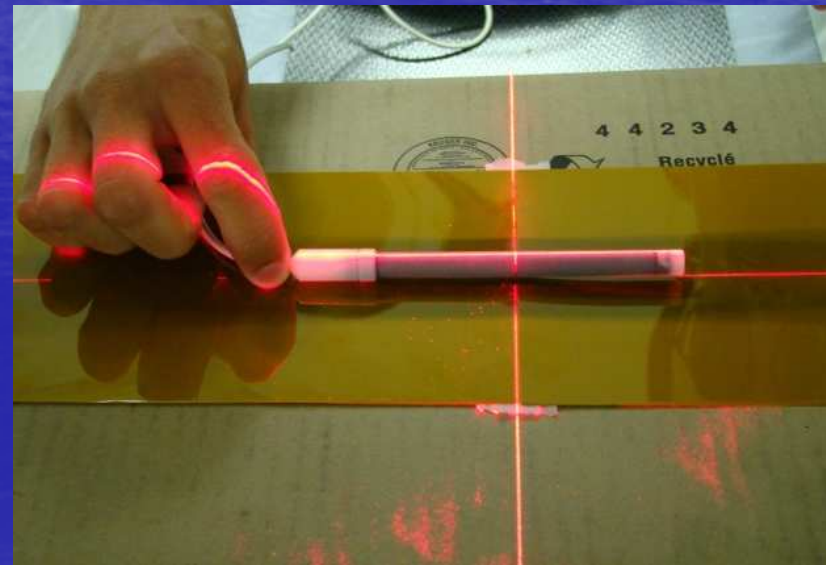
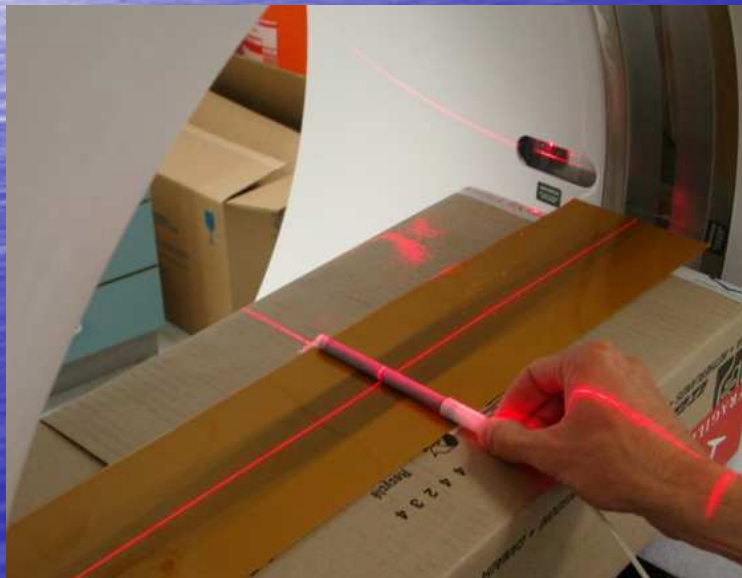
Chamber/MOSFET set-up



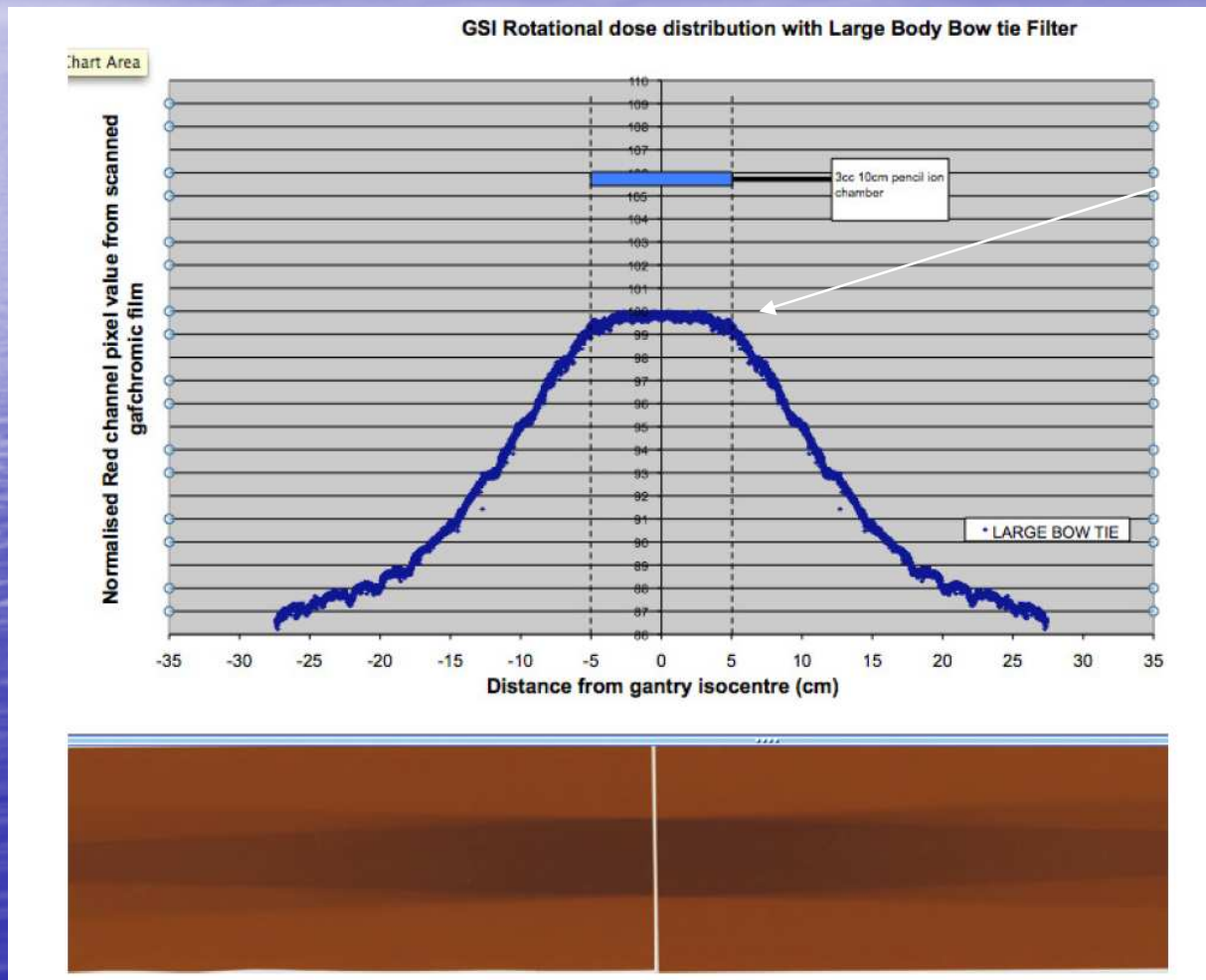
Ion chamber dosimetry

Other Authors used standard X-ray units with additional filtration to calibrate MOSFETS.

We wanted to use CT scanner... but problems to overcome



Can we use the 3cc pencil chamber for calibrating MOSFETS?



Slight loss $\sim 1\%$ over last 2cm of each tail.

Linearity

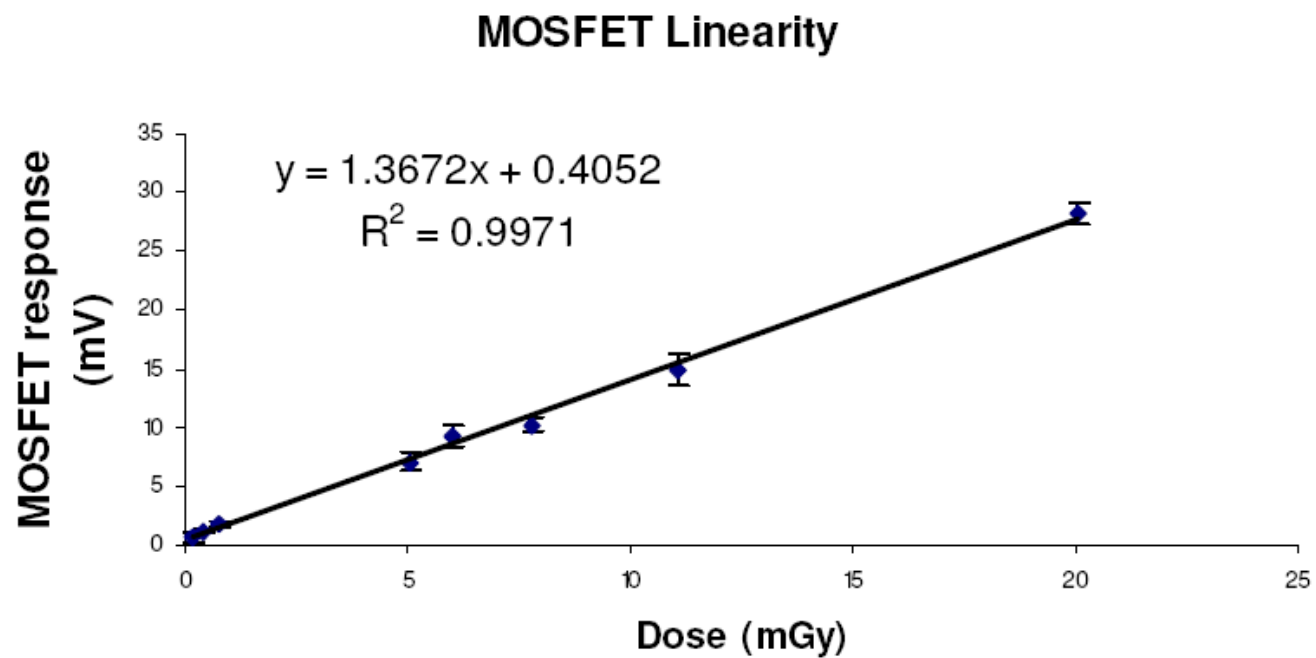
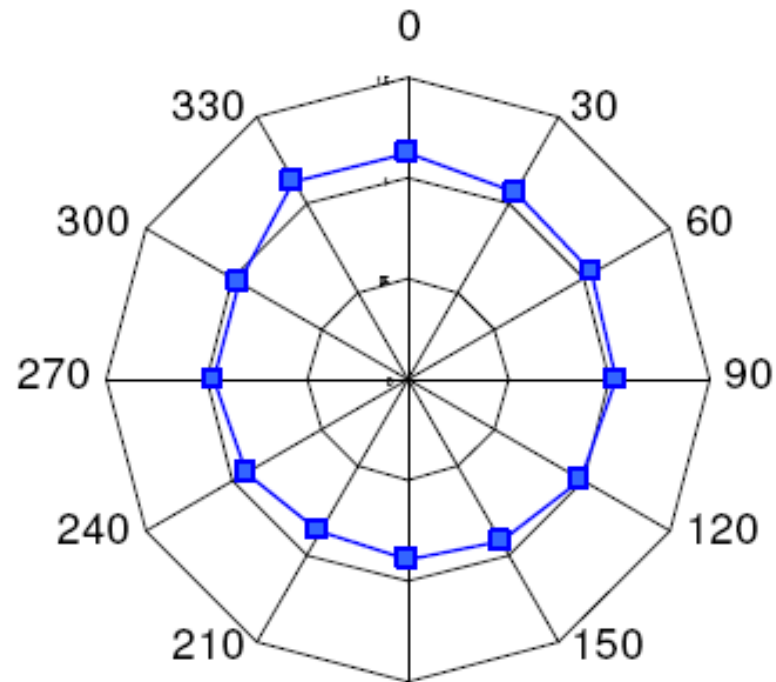


Fig 19: Threshold voltage versus dose: The threshold voltage increases linearly with the applied dose for GSI exposure setting.

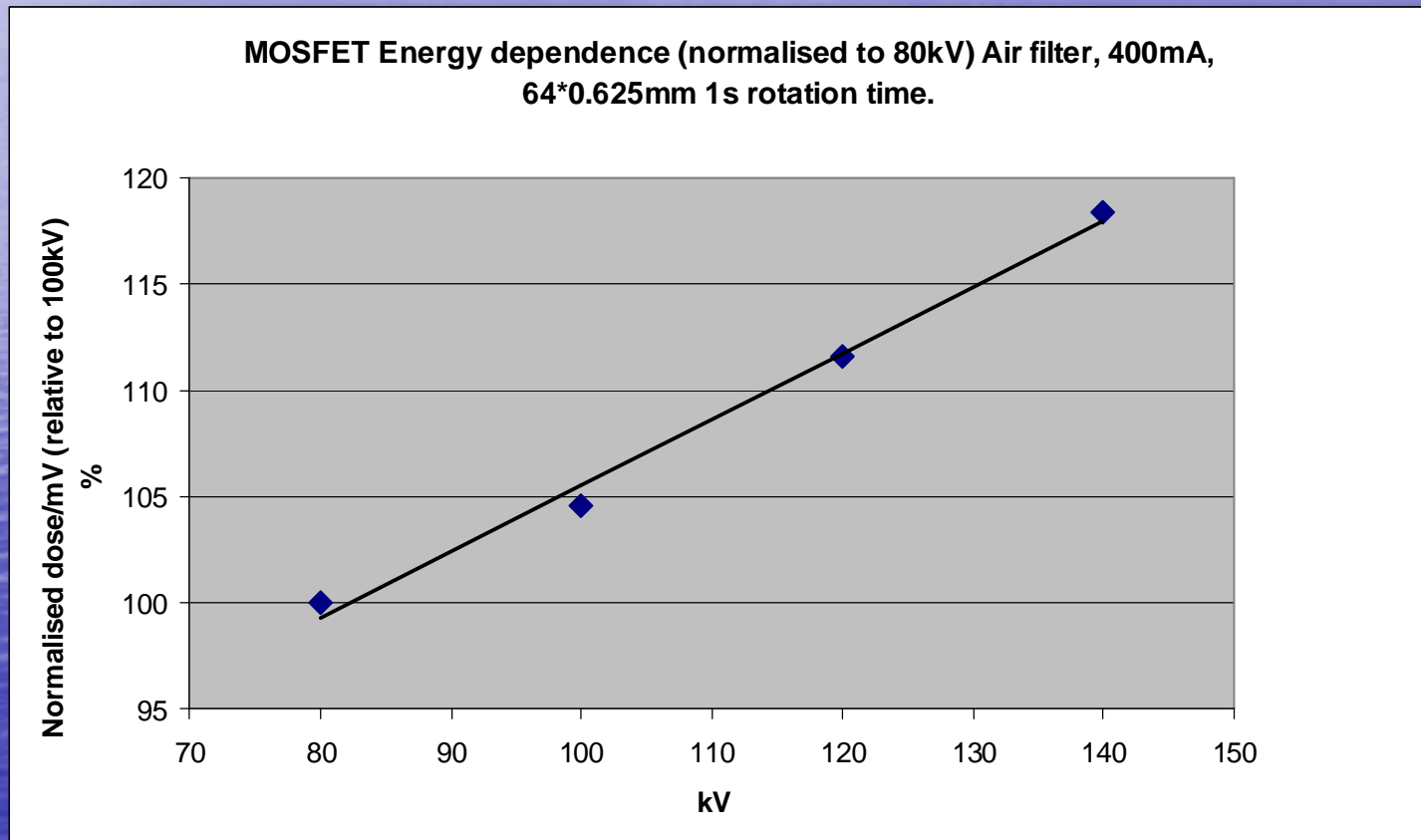
Angular dependence

(centre of 32cm CTDI phantom)

The MOSFET angular response normalised to the mean



Energy dependence



Calibration

| MOSFETs No. | Calibration Factor (cGy/ mV) | Relative Standard Error (%) |
|-------------|------------------------------|-----------------------------|
| 254-1 | 0.062 | 4.216 |
| 254-2 | 0.058 | 6.631 |
| 254-3 | 0.057 | 2.489 |
| 254-4 | 0.061 | 7.247 |
| 254-5 | 0.063 | 0.840 |
| 253-1 | 0.056 | 14.584 |
| 253-2 | 0.045 | 13.982 |
| 253-3 | 0.052 | 19.924 |
| 253-4 | 0.066 | 20.197 |
| 253-5 | 0.040 | 10.403 |

Table 11: MOSFET Calibration factors

Chosen protocol

| | | | |
|---------------------------|------------|---------------------------|-----------------|
| Protocol | GSI 15 | Current | 640 mA |
| Imaging mode | Axial mode | Slice collimation | 16x 2.5 (40 mm) |
| Scan length | 160 mm | Focal Spot | Large |
| Tube status | Rotating | Bow-tie filter | Large |
| Tube rotation time | 0.6 sec | CTDI_{vol} | 21.5 mGy |
| Peak voltage | 80~140 kVp | DLP | 344 mGy-cm |

Table 2: Imaging parameters for GSI 15 protocol

NB: optimisation of scan protocols relatively inflexible (can't adjust KV or mA). User can chose pitch or exposure time.

MOSFET positioning

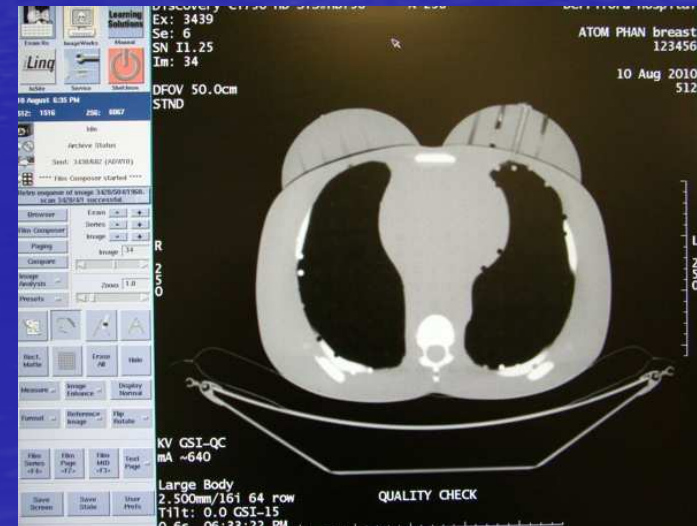
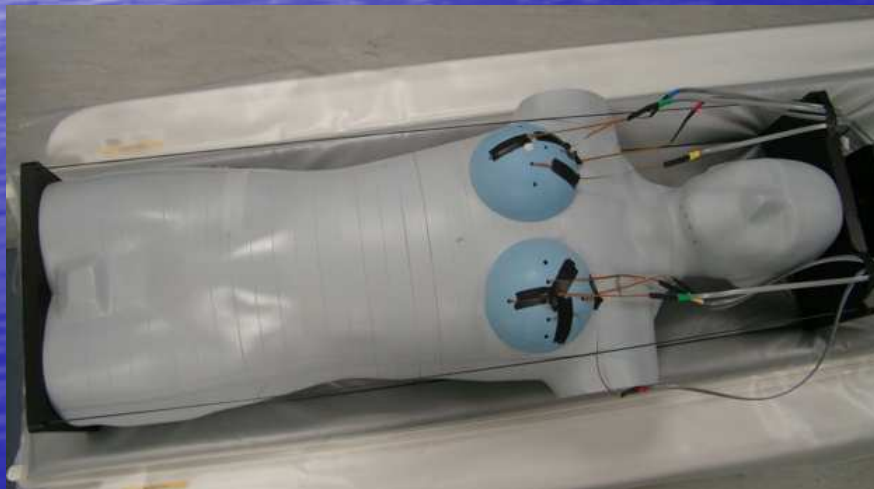
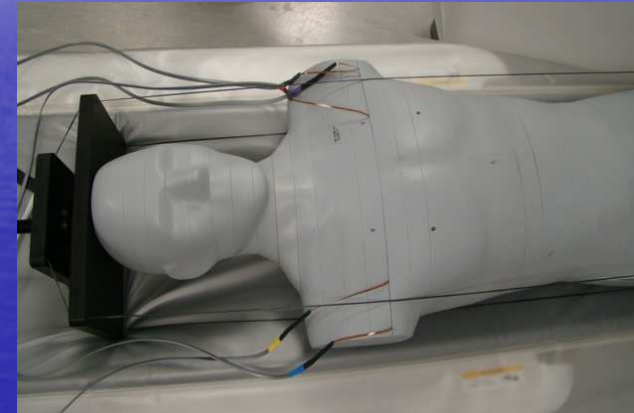
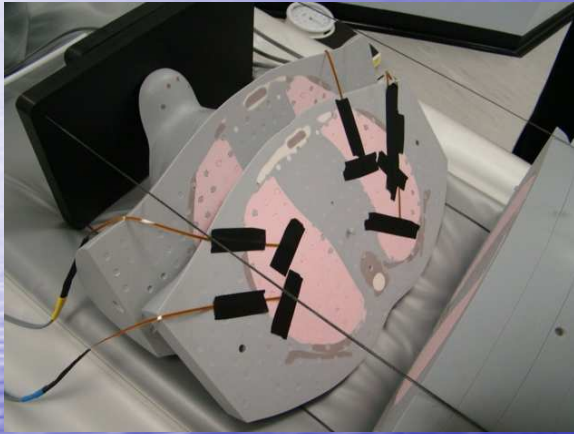
| Lung (33 points) | Stomach (13 points) | Esophagus | Breasts (8 points) |
|---|---|------------|---------------------|
| 12 ($\pm 6, 0$) | 21 (0, 0); 21 (-7, 0); 21 (-7, 5) | 15 (0, -2) | Displayed in Fig 11 |
| 13 ($\pm 7, 0$) | 22 (-6, 6); 22 (0, 0); 22 (-6, 0); 22 (0, 6) | 17 (0, -2) | |
| 14 ($\pm 9, 0$); 14 ($\pm 6, 3$); 14 ($\pm 6, -4$) | 23 (-6, 6); 23 (0, 6); 23 (-6, 0) | | |
| 15 ($\pm 9, 0$); 15 ($\pm 7, 4$); 15 ($\pm 8, -5$) | 24 ($\pm 3, 6$) | | |
| 16 ($\pm 9, 0$); 16 ($\pm 10, -5$); 16 (7, 4) | 25 (3, 6) | | |
| 17 (9, 0); 17 (7, 5); 17 ($\pm 6, -4$) | | | |
| 18 (9, 0); 18 ($\pm 5, -4$) | | | |
| 9 (9, 0); 19 ($\pm 6, -3$) | | | |
| 20 ($\pm 6, -4$) | | | |

Table 8: Organs points measurements locations

Could not attain organ loading coordinates for ATOM phantom... Used loading pattern for a RANDO phantom by Scalzetti et al.

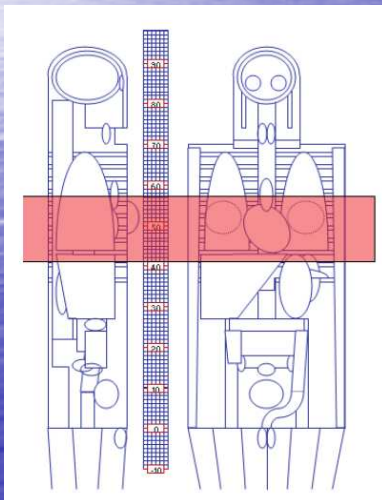
Scalzetti, Ernest M.; Huda, Walter; Bhatt, Shashank; Ogden, Kent M. A Method To Obtain Mean Organ Doses in A Rando Phantom. Volume 95 (2). 241-244.(2008)

MOSFET positioning (patience!)



ImPACT dosimetry

| | | |
|------------|---------------------------|------------------|
| GSI 15 | Current | 640 mA |
| Axial mode | Slice collimation | 16ix 2.5 (40 mm) |
| 160 mm | Focal Spot | Large |
| Rotating | Bow-tie filter | Large |
| 0.6 sec | CTDI_{vol} | 21.5 mGy |
| 80~140 kVp | DLP | 344 mGy-cm |



ImPACT CT Patient Dosimetry Calculator

Version 1.0 28/08/2009

| | | | |
|-----------------|----------------|-------------------------|-------------------------|
| Scanner Model: | | Acquisition Parameters: | |
| Manufacturer: | GE | Tube current | 640 mA |
| Scanner: | GEHD750 GSI 15 | Rotation time | 0.6 s |
| kV: | 140 | Spiral pitch | 1 |
| Scan Region: | Body | mAs / Rotation | 384 mAs |
| Data Set: | MCSET22 | Effective mAs | 384 mAs |
| Current Data: | MCSET22 | Collimation | mm |
| Scan range: | | Rel. CTDI | Look up 1.00 (assumed) |
| Start Position: | 42 cm | CTDI (air) | Look up 15.5 mGy/100mAs |
| End Position: | 58 cm | CTDI (soft tissue) | 16.6 mGy/100mAs |
| | | CTDI _w | Look up 5.5 mGy/100mAs |

| | |
|------------------------|----------|
| Organ weighting scheme | ICRP 103 |
|------------------------|----------|

| | |
|---------------------|------------|
| CTDI _w | 21.1 mGy |
| CTDI _{vol} | 21.1 mGy |
| DLP | 337 mGy.cm |

| Organ | w _T | H _T (mGy) | w _T ·H _T | Remainder Organs | H _T (mGy) |
|-----------------------------------|----------------|----------------------|--------------------------------|-----------------------------|----------------------|
| Gonads | 0.08 | 0.022 | 0.0018 | Adrenals | 6.5 |
| Bone Marrow | 0.12 | 4.3 | 0.52 | Small Intestine | 0.16 |
| Colon | 0.12 | 0.14 | 0.017 | Kidney | 1.1 |
| Lung | 0.12 | 22 | 2.6 | Pancreas | 4.2 |
| Stomach | 0.12 | 3.2 | 0.39 | Spleen | 3.7 |
| Bladder | 0.04 | 0.01 | 0.0004 | Thymus | 21 |
| Breast | 0.12 | 23 | 2.8 | Uterus / Prostate (Bladder) | 0.022 |
| Liver | 0.04 | 5.5 | 0.22 | Muscle | 3.2 |
| Oesophagus (Thymus) | 0.04 | 21 | 0.86 | Gall Bladder | 1.3 |
| Thyroid | 0.04 | 0.59 | 0.024 | Heart | 26 |
| Skin | 0.01 | 3.4 | 0.034 | ET region (Thyroid) | 0.59 |
| Bone Surface | 0.01 | 9.2 | 0.092 | Lymph nodes (Muscle) | 3.2 |
| Brain | 0.01 | 0.021 | 0.00021 | Oral mucosa (Brain) | 0.021 |
| Salivary Glands (Brain) | 0.01 | 0.021 | 0.00021 | Other organs of interest | H _T (mGy) |
| Remainder | 0.12 | 5.5 | 0.66 | Eye lenses | 0.047 |
| Not Applicable | 0 | 0 | 0 | Testes | 0.0011 |
| | | | | Ovaries | 0.043 |
| | | | | Uterus | 0.034 |
| | | | | Prostate | 0.01 |
| Total Effective Dose (mSv) | | | | | 8.2 |

| | |
|-----------------------------|---|
| Scan Description / Comments | GSI 15 Cardiac example 160mm coverage |
|-----------------------------|---|

| CTDI (Body, mGy/100mAs) | | | ImPACT Factor | | Scanner Match | | | |
|-------------------------|--------|-------|---------------|------|---------------|----|------|------|
| Air | Centre | Perip | Head | Body | | | Head | Body |
| 15.5 | 3.1 | 6.7 | 0.39 | 0.89 | 3 | 12 | 4 | 22 |

MOSFET vs ImPACT

| Organs | Measured (cGy) | Calculated (cGy) | Percentage difference (%) |
|-------------------|----------------|------------------|---------------------------|
| LUNG | 1.54 | 2.00 | -22.88 |
| BREAST | 1.53 | 2.20 | -30.62 |
| STOMACH | 0.29 | 0.34 | -15.63 |
| Oesophagus | 1.47 | 1.80 | -18.44 |

Table 13: Comparison of average organ doses between Im-PACT and point measurement using MOSFET

Discrepancy ??

- MOSFETs appear to under-read organ doses by 15-30% (30% breast) for GSI....

Possible causes...

1. Difference in Phantom (ATOM vs RANDO vs CRISTY)
2. MOSFET Loading pattern
3. MOSFET calibration
4. MOSFET X-talk for rapid kV switching?
5. Energy dependence?
6. High uncertainty for low dose (diagnostic examinations).

LAR for "Cardiac GSI"

ED~8mSv,

| Age (Y) | Male | | Female | | Breast |
|---------|---------|------|---------|------|--------|
| | Stomach | Lung | Stomach | Lung | |
| 30 | 1 | 16 | 1 | 37 | 39 |
| 50 | 1 | 16 | 1 | 35 | 11 |
| 80 | 0 | 5 | 0 | 12 | 1 |

Table 14: Estimates of LAR for Cancer after performing DECT examination (GSI 15) on the heart.

~1/2500

Just for fun... ED measured for a proposed GSI renal exam for kidney stone classification. Single 40mm Axial slice centred over the kidneys ~1.5mSv.

Conclusions 1

- Dual Energy and Spectral imaging are emerging technology. We have new toys, but what can they tell us?
- They have promised to significantly improve classification of ROI's. The question is, who provides the "key"!
- "Monochromatic images, allow the operator to optimise the image for "radiographic contrast" without the need for repeat exposure.
- To introduce properly into the UK market we need to Justify on an exam by exam basis.
- How can a radiologist justify a new technique if the benefits are unproven?
- Rapid switching of kV in patient dosimetry presents significant challenges to Diagnostic Physicists.
- MOSFETS have high Energy dependence
- Calibration is tricky on a CT scanner
- Uncertainty in measurement appears high at diagnostic energies.
- Further work is required.

A final thought...



FACEBOOK

You're doing it wrong.

We must at least attempt to keep up with emerging developments in CT !